# **Complete Summary**

## **TITLE**

Mental health: percent of eligible patients screened annually for depression.

# SOURCE(S)

Office of Quality Performance. FY 2009, Q2 technical manual for the VHA performance measurement system. Washington (DC): Veterans Health Administration; 2009 Jan 5. various p.

## **Measure Domain**

#### PRIMARY MEASURE DOMAIN

**Process** 

The validity of measures depends on how they are built. By examining the key building blocks of a measure, you can assess its validity for your purpose. For more information, visit the <u>Measure Validity</u> page.

## **SECONDARY MEASURE DOMAIN**

Does not apply to this measure

# **Brief Abstract**

# **DESCRIPTION**

This measure is used to assess the percent of eligible patients screened annually for depression.

# **RATIONALE**

Major depression is a highly prevalent, morbid, and costly illness that is often unrecognized and inadequately treated. Major depression is one of the most common illnesses seen by primary care physicians and although primary care providers manage the majority of patients with major depression, up to 50% of cases can go unrecognized. Depressed medical patients have increased disability, health-care utilization, and mortality from suicide and other causes, as well as reduced productivity and health-related quality of life. The Veterans Administration (VA) requires screening for depression because depression screening has the potential to improve depression recognition and hasten follow-up and treatment. Depression-screening tools can also help reduce the likelihood

of misdiagnosing depression or prescribing medications for patients who may not be clinically depressed, and therefore would not benefit from an antidepressant.

## PRIMARY CLINICAL COMPONENT

Mental health; depression; screening; Patient Health Questionnaire (PHQ-2); PHQ-9

## **DENOMINATOR DESCRIPTION**

Patients from the NEXUS Clinic cohort eligible for depression screening (see the related "Denominator Inclusions/Exclusions" field in the Complete Summary)

#### NUMERATOR DESCRIPTION

Eligible patients screened annually for depression using either the Patient Health Questionnaire (PHQ-2) or PHQ-9, with item-wise recording of item responses and total score (see the related "Numerator Inclusions/Exclusions" field in the Complete Summary)

# **Evidence Supporting the Measure**

# **EVIDENCE SUPPORTING THE CRITERION OF QUALITY**

- A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence
- One or more research studies published in a National Library of Medicine (NLM) indexed, peer-reviewed journal

# **Evidence Supporting Need for the Measure**

## **NEED FOR THE MEASURE**

Unspecified

## **State of Use of the Measure**

# **STATE OF USE**

Current routine use

## **CURRENT USE**

External oversight/Veterans Health Administration Internal quality improvement

# **Application of Measure in its Current Use**

## **CARE SETTING**

Ambulatory Care Behavioral Health Care Physician Group Practices/Clinics

## PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Advanced Practice Nurses
Physician Assistants
Physicians
Psychologists/Non-physician Behavioral Health Clinicians

## LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Single Health Care Delivery Organizations

## **TARGET POPULATION AGE**

Unspecified

# **TARGET POPULATION GENDER**

Either male or female

## STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

# **Characteristics of the Primary Clinical Component**

# INCIDENCE/PREVALENCE

Unspecified

## **ASSOCIATION WITH VULNERABLE POPULATIONS**

Unspecified

## **BURDEN OF ILLNESS**

See the "Rationale" field.

## **UTILIZATION**

See the "Rationale" field.

## **COSTS**

See the "Rationale" field.

# **Institute of Medicine National Healthcare Quality Report Categories**

#### **IOM CARE NEED**

Getting Better Staying Healthy

## **IOM DOMAIN**

Effectiveness

## **Data Collection for the Measure**

## **CASE FINDING**

Users of care only

## **DESCRIPTION OF CASE FINDING**

Patients from the NEXUS Clinic cohort\*

## **DENOMINATOR SAMPLING FRAME**

Patients associated with provider

# **DENOMINATOR INCLUSIONS/EXCLUSIONS**

## **Inclusions**

Patients from the NEXUS Clinic cohort\* eligible for depression screening\*\*

## **Exclusions**

Patients are excluded if:

 Recognized diagnosis of Depression in the past 12 months as evidenced by at least one clinical encounter where Depression was identified as the primary or secondary reason for the encounter. International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) code 296.2-296.3, or 298.0, or 300.4, or 301.12, or 309.0, or 309.1, or 309.28, or 311 will be used to

<sup>\*</sup>Refer to the original measure documentation for patient cohort description.

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<sup>\*\*</sup>Patient eligible for depression screening during the 12 months prior to pull date and are in the NEXUS cohort minus exclusions

identify Depression encounters.

#### OR

 Recognized diagnosis of bipolar disorder in the past 12 months as evidenced by at least one clinical encounter where bipolar disorder was identified as the primary or secondary reason for the encounter. ICD-9-CM code 296.5x, 296.6x, 296.7x and 296.8x will be used to identify bipolar disorder encounters.

#### OR

- With documented moderate or severe cognitive impairment.
  - Provider documentation that the patient is moderately impaired or severely impaired or chronically severely impaired or too cognitively impaired to participate in screening.

Refer to the original measure documentation for additional details.

#### RELATIONSHIP OF DENOMINATOR TO NUMERATOR

All cases in the denominator are equally eligible to appear in the numerator

## **DENOMINATOR (INDEX) EVENT**

Encounter

## **DENOMINATOR TIME WINDOW**

Time window precedes index event

## **NUMERATOR INCLUSIONS/EXCLUSIONS**

#### Inclusions

Eligible patients screened annually for depression using either the Patient Health Questionnaire (PHQ-2) or PHQ-9, with item-wise recording of item responses and total score\*

#### \*Note:

- Screening for depression using PHQ-2 includes: Being screened using the standard two question PHQ-2 Screen with item wise recording of responses to both questions, summary score and result must be documented in the medical record. Maximum score is 6, and a positive score is 3 or more.
- Screening for depression using PHQ-9 includes: If the facility chooses to use the PHQ-9, acceptable evidence of screening documentation is item-wise recording of responses to all questions, summary score, and outcome/result documented in the medical record.
- Affirmative response on Question 9 of the PHQ-9: Answering Question 9 of the PHQ-9 Thoughts that you would be better off dead, or of hurting yourself in some way with response 1 (Several days), 2 (More than half the days), or 3 (Nearly every day) regardless of total PHQ-9 score.

Note: Telephone screening is acceptable.

Refer to the original measure documentation for additional details.

#### **Exclusions**

Unspecified

# MEASURE RESULTS UNDER CONTROL OF HEALTH CARE PROFESSIONALS, ORGANIZATIONS AND/OR POLICYMAKERS

The measure results are somewhat or substantially under the control of the health care professionals, organizations and/or policymakers to whom the measure applies.

## **NUMERATOR TIME WINDOW**

Encounter or point in time

## **DATA SOURCE**

Administrative data Medical record

# **LEVEL OF DETERMINATION OF QUALITY**

Individual Case

## **PRE-EXISTING INSTRUMENT USED**

- Patient Health Questionnaire (PHQ-2)
- PHQ-9

# **Computation of the Measure**

## **SCORING**

Rate

## **INTERPRETATION OF SCORE**

Better quality is associated with a higher score

## **ALLOWANCE FOR PATIENT FACTORS**

Unspecified

## STANDARD OF COMPARISON

Internal time comparison

# **Evaluation of Measure Properties**

## **EXTENT OF MEASURE TESTING**

Unspecified

# **Identifying Information**

## **ORIGINAL TITLE**

Depression screening using PHQ-2 or PHQ-9.

## **MEASURE COLLECTION**

<u>Fiscal Year (FY) 2009: Veterans Health Administration (VHA) Performance</u> Measurement System

## **MEASURE SET NAME**

Mission Critical Measures

## **MEASURE SUBSET NAME**

Screening

## **DEVELOPER**

Veterans Health Administration

# **FUNDING SOURCE(S)**

Unspecified

# **COMPOSITION OF THE GROUP THAT DEVELOPED THE MEASURE**

Unspecified

# FINANCIAL DISCLOSURES/OTHER POTENTIAL CONFLICTS OF INTEREST

Unspecified

# **ADAPTATION**

Measure was not adapted from another source.

## **RELEASE DATE**

2006 Oct

## **REVISION DATE**

2009 Jan

#### **MEASURE STATUS**

This is the current release of the measure.

This measure updates a previous version: Office of Quality and Performance (10Q). FY 2008, Q1 technical manual for the VHA performance measurement system. Washington (DC): Washington (DC); 2007 Oct 31. 315 p.

# SOURCE(S)

Office of Quality Performance. FY 2009, Q2 technical manual for the VHA performance measurement system. Washington (DC): Veterans Health Administration; 2009 Jan 5. various p.

## **MEASURE AVAILABILITY**

The individual measure, "Depression Screening Using PHQ-2 or PHQ-9," is published in "FY 2009, Q2 Technical Manual for the VHA Performance Measurement System."

For more information contact:

Department of Veterans Affairs Office of Quality and Performance (10Q)

ATTN: Lynnette Nilan, E-mail: <a href="mailto:lynnette.nilan@va.gov">lynnette.nilan@va.gov</a> or Tammy Czarnecki, E-mail: <a href="mailto:tammy.czarnecki2@va.gov">tammy.czarnecki2@va.gov</a>

## **NQMC STATUS**

This NQMC summary was completed by ECRI Institute on March 7, 2008. The information was not verified by the measure developer. This NQMC summary was updated by ECRI Institute on December 1, 2009. The information was verified by the measure developer on March 22, 2010.

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